



Elizabeth Seton High School



Facts about Saint Elizabeth Ann Seton

- Elizabeth Ann Bayley Seton was the first native born American to be canonized by the Catholic Church.
- She established a small Catholic boarding school for girls in 1808, marking the start of the Catholic parochial school system in the United States.
- She founded the first American religious community of women, now known as the Daughters of Charity.
- Today, thousands of Daughters of Charity continue Mother Seton's work. They serve in hospitals, social work agencies, and schools.

*"Let your chief study
be to know God."*

Saint Elizabeth Ann Seton

HISTORY

Following in the footsteps of Elizabeth Ann Seton and her mission to educate young women, Elizabeth Seton High School opened its doors in 1959 with 138 freshmen and a faculty of six Daughters of Charity. It has grown and thrived throughout its remarkable history, thus becoming the proud home of 570 students today.

Because of the school's close ties with Elizabeth Ann Seton and her advocacy for quality education, particularly for women, Elizabeth Seton High School embodies an expanding course of study that continues to advance and improve. Seton's curriculum includes a pre-engineering program, a pre-law program, a pharmaceutical program, and an array of liberal and fine arts to satisfy the growing interests of girls today.



Elizabeth Seton High School's strengths do not end in the classroom. Seton's athletic facilities, extracurricular activities, and community service are places where students position themselves as leaders. The professions and academia into which the alumnae advance affirms the confidence and leadership fostered in the classroom and beyond. Seton students are mature and respectful, and strongly believe in the bond of sisterhood that lasts a lifetime.

Over 7,000 young women are proud to be alumnae of Elizabeth Seton High School. The roots established at Elizabeth Seton High School give students strength and confidence to become active and contributing members of their communities. As Seton continues to provide an excellent Catholic education in an ever-expanding world, the school strives to uphold Elizabeth Ann Seton's commitment to education and service. Recognizing the students, graduates, and all of their accomplishments exemplifies the school motto:

**"LIGHT TO KNOW
& GRACE TO DO"**

Seton provides 1:1 technology for every student beginning with the Class of 2019. Students are equipped with a MacBook Air device for personal use and will participate in a 21st Century Technology class.

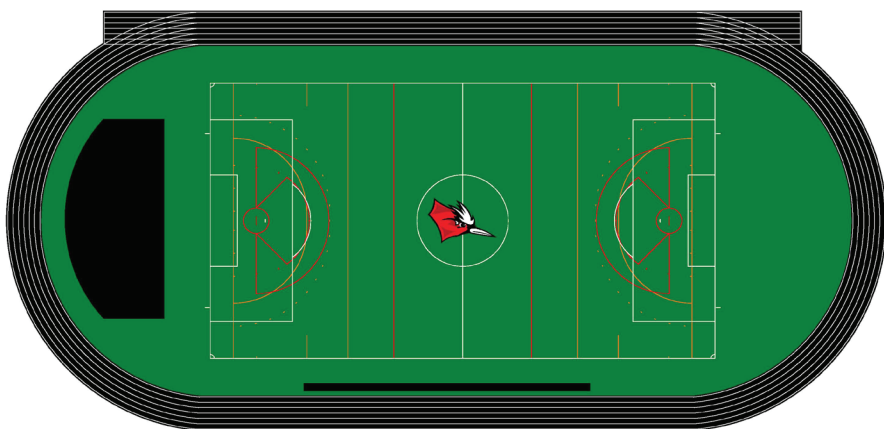
Blended learning, the use of traditional teaching pedagogies with technology, allows educators to extend the walls of the classroom, helps our students foster 21st century skills, and advances our student learning.

Mrs. Teresa Jackson,
Director of Instructional Technology

NEW TRACK • TURF FIELD • LIBRARY • 1:1 TECHNOLOGY

I am so excited about the new library renovation. The new furniture, lighting, and space give it a more relaxed and modern feel. For a place that's like my second home, it is so awesome to be able to study in style.

Morgan Dukes '17



My daughters play on the field hockey, soccer, and lacrosse teams. Seton's facilities allow teams to remain competitive with other schools in the WCAC and to prepare our athletes for college level play.

State Senator Douglas J.J. Peters and his daughters, Stephanie '18 and Jacquelyn '16



25 HONORS COURSES

14 AP COURSES

100% COLLEGE ACCEPTANCE RATE

\$7-10 MILLION IN SCHOLARSHIPS EARNED ON AVERAGE BY GRADUATES

75% OF GRADUATING SENIORS RECEIVED COLLEGE SCHOLARSHIP OFFERS

59 ELECTIVE COURSE OFFERINGS INCLUDING KARATE, PUBLIC SPEAKING, FINANCIAL MANAGEMENT



FREQUENT CLASSROOM LECTURES GIVEN BY DISTINGUISHED GUESTS

INSIDE THE CLASSROOM

Elizabeth Seton High School provides a strong academic foundation in a liberal arts program designed for college bound students, in addition to exposing students to Engineering & Design, Technology, Law, and Health Sciences.



Class of 2015 Valedictorian, Patty Commins, earned a perfect 800 on the math section of the SAT, and received a full academic scholarship to Carleton College, a private liberal arts school in Minnesota ranked among the nation's best colleges.



Congresswoman Cathy McMorris Rodgers (R-WA) spoke with students in Seton engineering classes. The Honorable Walter Lee James, Jr., Mayor of the Town of Bladensburg also participated in the discussion.

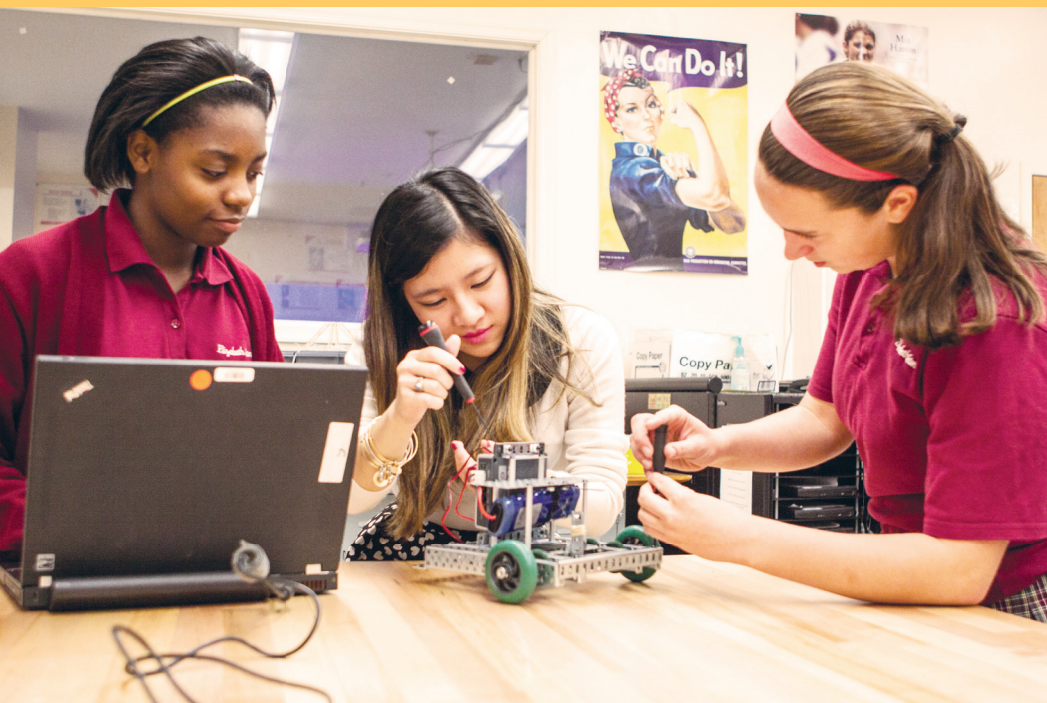
LEAD • PRE-LAW • PHARMACY

The Agnes M. Brown Law Academy is designed to offer young women of Elizabeth Seton High School an educational foundation in law, government, and legal issues that face today's society. Seton's Varsity Mock Trial team is the 2015 7th Judicial Circuit Champions.



"The pharmacy course offered at Seton is a great opportunity for students who have any interest in a healthcare career. Those interested in pursuing medicine, nursing, dentistry, occupational therapy, physical therapy, or even social work will learn about drugs and how they affect the body. Students will learn about compliance and the importance of drug therapy in controlling diseases to keep them and their families healthy. Having a basic understanding of drugs and how the healthcare system works will put students ahead of others without this exposure."

Barbara McHenry, Pharm D
Pharmacy Instructor



"Bridges, cranes, and robots are just some of the design projects that the young women in the LEAD Program (Learning Engineering And Design) have constructed and tested. What began as an honors program for students who wanted to pursue STEM careers has developed into an innovative program in which every student understands that she has both the talent and the ability to solve problems not only for herself, but also for others."

Excerpt from the Washington Post 2015 Agnes Meyer Outstanding Teacher Award Winner, Mrs. JoEllen Gray '86, LEAD Program Coordinator

OUTSIDE THE CLASSROOM



TRAVEL

Each year, students are given the opportunity to travel abroad and are immersed in different cultures. Traveling with Seton allows students to gain perspective, build character, and create memories with classmates and teachers.

Kaylee Romagna '16 and Jewel Washington '17 at Machu Picchu

MENTORSHIPS

Both the LEAD and Pre-Law programs at Seton have incorporated mentoring as an effective tool in the promotion of technical and professional fields. Key program features include partnerships with local and national corporations, local and federal government agencies, and colleges and universities.

Mrs. Joan Ozdogan,
Director of Educational Advancement



INTERNSHIPS

I have learned more about why engineering is a great and necessary profession. But mostly, I have learned about myself: how well I work with others under stressful situations; how creative I can be; how my effort can really have an impact on my success.

Paige DeLoach '13, Cornell University



Select engineering students partnered with AmeriCorps to design and build a wheelchair ramp for an elderly couple.



Gabrielle Hayes '15, pictured left at a Habitat for Humanity site, will attend Mount St. Mary's University in Emmitsburg, MD. At Seton, she was the president of the Vincentian Service Club and helped coordinate the school's Walk for the Poor, which raised funds for students' tuition and school supplies in Haiti. She received the 2015 Cardinal's Award for Catholic Citizenship which honored her for her belief that serving those in need allows you "to see the humanity in everyone".

VINCENTIAN SPIRIT

Seton Encounter is a Christian experience of prayer and reflection, conducted by a team of adult and student leaders. Retreatants strengthen their relationship with themselves, their classmates, and Christ through an extremely unique and empowering experience.

Encounter changed my whole life. I was able to rebuild my relationship with God and my classmates in such a relaxed and comfortable atmosphere. Everyone at Seton wanted to go on Encounter and experience all the surprises and fun for themselves. I am so grateful that Seton has this awesome retreat program.

Erica Hawkins '15



A FEW facts...

- In 1633, St. Vincent de Paul and St. Louise de Marillac cofounded the Daughters of Charity to live in community in order to dedicate themselves to the service of the poor.
- 4 out of 5 days a week students can participate in organized school service such as tutoring, child care, feeding the hungry, and visiting the elderly.
- Members of the Vincentian Service Club choose and participate in service activities and recruit volunteers from the student body to help serve those in need.
- Liturgies are celebrated as a school community.
- Students apply to participate in annual summer service trips.



“The Seton Athletic Program is defined not only by wins and losses, but by how our student athletes fulfill the school’s mission, build and display good character, and exemplify the school’s core values.”

Candy Cage '81, Director of Athletics



ATHLETICS

- 23 Athletic teams
- Most teams compete in the Washington Catholic Athletic Conference (WCAC)
- Only High School Girls' Field Hockey and Crew Teams in Prince George's County
- 9-time consecutive WCAC Championship Track Team
- Softball and Soccer WCAC Coaches of the Year in 2015
- Student athletes in the Class of 2015 are continuing on to collegiate athletic teams for Volleyball, Basketball, Lacrosse, Field Hockey, Track and Field, Swimming, Soccer, Softball, and Cheerleading across the country



FINE & PERFORMING ARTS



Gabriela Sotomayor '10, MTBC is a board certified music therapist who received her Bachelor of Music in Music Therapy from Temple University in Philadelphia, PA in August 2014. Currently, Gabriela is earning her Master of Education in Special Education with teaching certifications in Early Childhood Special Education and Severe Disabilities from the University of Maryland, College Park, which she anticipates completing in May 2016.



Students from various studio art classes finished a yearlong project for The Greater Goodwill of Washington D. C. by donating their time to create a work of art based on the stories of the clients that Goodwill serves. The artwork was auctioned at the Goodwill Gala fundraiser held at the Artisphere Gallery in Rosslyn, VA.

- 3 Vocal Groups
- 4 Instrumental Groups
- Performances in Music Festivals and Concerts
- Music Boosters Provide 50% Reimbursement Program for Private Lessons
- Music Trips for Out-of-State Festivals Every Other Year
- Honors Portfolio and Advanced Art Studio Courses Available



In addition to participating in Seton productions, students are invited to audition for female roles at neighboring schools such as DeMatha, Gonzaga, and St. Anselm's Abbey School



“Seton’s Fine and Performing Arts Program has been such an amazing experience for me and is one of the main reasons why I chose Seton. The welcoming atmosphere made it so easy to adjust to being in the top choir freshman year. I thank Seton so much for the opportunities it has given me.”

Julia Kelley '17



MAKE THE SETON EXPERIENCE YOUR OWN!





Go Roadrunners!

#SetonSpirit

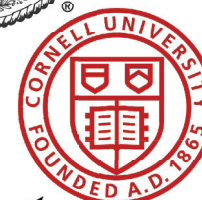
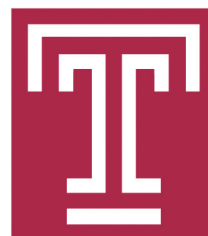




SETON GRADUATES
HAVE ATTENDED...



SCAD



AN UPDATE FROM RECENT GRADUATES



Mia Simon '11 attended the University of Maryland as a College Park Scholar where she majored in broadcast journalism with a minor in leadership studies. She held internships at Voice of America and the British Broadcasting Company (BBC). After working for the BBC in New York City last summer, she helped to jump start the BBC Campus program and was offered a writing position with the Travel Section of BBC.com for the duration of her senior year. On campus, she worked for WMUC Sports Radio, *Unwind Magazine*, Capital News Service and *Stories Beneath the Shell*, which she co-founded with five other journalism seniors.



Bonnie Acosta '12 received a full academic scholarship to attend Cornell University to study Atmospheric Sciences. Before attending Cornell, she did not have direct exposure to meteorology except through subjects she studied at Seton, such as calculus and physics. She has had the privilege of being one of the weather observers at the official weather station for Ithaca, NY and is the Social Chair for the Cornell Chapter of the American Meteorological Society (CCAMS).



Anna Haschert '14 is currently a Midshipman in the United States Naval Academy Class of 2018 where she is pursuing a degree in Ocean Engineering with a minor in Russian. She is also a member of the Varsity Women's Track and Field team and several clubs, including the Catholic Midshipmen Club, Catholic Daughters of America, Russian Studies Club, and Italian-American Club. She spent her second summer with the Navy attached to a ship in Pearl Harbor, Hawaii and offshore sailing from Annapolis, Maryland to Rockport, Massachusetts.



Savannah Johnson '14 received an academic scholarship to attend Brown University and is currently studying Materials Science and Engineering. She is also a member of the Women's Basketball team and a 2nd year student engineer intern at the U.S Nuclear Regulatory Commission, working in the division of Small Modular Reactors (SMRs) helping to advance new technology.

THE SETON ADVANTAGE



Dana Phillips '15, Senior Class President and Varsity Lacrosse Captain
Currently attending George Mason University where she received both academic and athletic scholarships and plays lacrosse.



CONFIDENCE AND POTENTIAL IS UNLOCKED

Seton students benefit from individualized attention from teachers and staff and feel encouraged to develop their own interests.

"What drew us in as parents was the warmth of the school environment and the obvious commitment of the faculty and staff to educating young women to be leaders, to feel no constraints about studying any subject, to mature, to speak up for themselves, and to thrive."

Tamara Miller,
Mother of Tamara Masciola '17

LEADERSHIP ROLES ARE ALL FOR WOMEN

A Seton education empowers students to become bold leaders.

YOUNG WOMEN ARE EMPOWERED TO ACHIEVE

Seton students believe that their teachers and mentors positively affect their lives and learning.

"Going to a school like Ohio State that has one of the best business schools in the country has made me realize just how competitive the professional world can be. However, being in this new environment has truly made me realize that Seton's close-knit community, especially the all-girls aspect, made me into the person I am today. I know that I can achieve success at a school where I'm consistently challenged because Seton gave me the confidence to thrive personally and academically."

Kat Callahan '14

CURRICULUM FOCUSED ON THE EDUCATIONAL NEEDS OF GIRLS

SCHOLARSHIPS & FINANCIAL AID

- Academic Scholarships
- Vocal and Instrumental Scholarships
- Visual Arts Scholarships
- St. Elizabeth Ann Seton Scholarship
- Archdiocese of Washington Financial Aid
- Elizabeth Seton High School Financial Aid

FOR MORE INFORMATION:



www.setonhs.org/eshsgirls

MELISSA DAVEY LANDINI '99
DEAN OF ADMISSIONS:



mlandini@setonhs.org



301-864-4532

OUR MISSION

Elizabeth Seton High School educates young women by engaging them in a challenging, college preparatory curriculum and in the teachings of the Catholic Church. We promote a community that values diversity and is rooted in service to others.



OUR VISION

The young women of Elizabeth Seton High School will become more confident, creative, and compassionate. Their love for God and others will empower them to lead, to collaborate, and to serve in the spirit of St. Elizabeth Ann Seton, St. Vincent de Paul, and St. Louise de Marillac.



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